**The newly diagnosed Type 2.**

Explanation of type 2.

Establish current health status.

Agree visit schedule.

Medication initiation.

Bloods / ACR.

Add to CDM / vaccination protocols.

LTIS – free meds.

RetinaScreen - Freephone: 1800 45 45 55

NDLS / Insurance – hypoglycaemics only.

HSE Online – CODE.

HSE In person – Discover diabetes – 4 part programme.

HSE – My diabetes emails.

Diabetes Federation – SMART programme online. Cork Care Centre – counselling, education, podiatry

HSE Dietitian via CHN.

HSE Podiatrist via CHN.

HSE smoking Quitline / NRT etc.

DNS / Chronic Disease Hub.

Patients (16yrs & older) with a confirmed diagnosis of Type 2 Diabetes living within the CD-CST / CHN catchment areas with/for:

Suboptimal glycaemia

Newly diagnosed Type 2 Diabetes

Diabetes self-management education that is beyond the scope of the practice nurse

Pre-pregnancy planning (Patients will attend acute services for duration of pregnancy)

Patients who default from secondary care with a view to re-engaging them with services

Patient who has developed complications e.g.: Declining renal function (unless eGFR 30mg/mmol) • Pre-proliferative or proliferative retinopathy • Steroid induced hyperglycaemia • New atherosclerotic cardiovascular disease, or uncontrolled CV risk factors

Clinical uncertainty as to type of diabetes (unless ketotic or acutely unwell)

Patients under age 40 years

Patients with established cardiovascular or renal disease

Patients with established complications at diagnosis (uncomplicated diagnosis should be managed by GP)

Painful peripheral neuropathy without the presence of active foot disease

Traditional OPD for T2DM.

Need insulin

Have progressive diabetic nephropathy

Require dialysis

Have significantly impaired renal function (<30mg/mmol)

- (CKD ≥ Stage 4 / eGFR ≤30/min/1.73m2)

Are pregnant

Are on active cancer treatment

Have active diabetic foot disease

Have an active eating disorder

Have gastroparesis

Had Bariatric / metabolic surgery in the last 2 years and in conjunction with the obesity care team

Have early onset (< 40 years old)